

North Shore Children & Families

FREE!

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www.northshorefamilies.com

The LARGEST distribution local publication for parents on the North Shore – since 2007!



NOVEMBER 2017

From the Publisher & Editor

Giving Thanks ~ Open Houses ~ Winter Issue Alert

by Suzanne Provencher, Publisher & Editor

Thank You: Hello again, dear readers! I'll keep things short and sweet this month by first sharing my gratitude at this time of year as we give thanks. While I am thankful for many people and things, I am also really thankful that we are approaching our 10th birthday! So **thank you** to all of our sponsors, contributors and readers! I am so thankful that you are part of our North Shore family.

Open Houses: If you are considering any of the independent schools in the area for your children – **check out all of the Open Houses in this issue!** Many schools offer tours, visits with students and faculty, fun activities for children, financial aid assistance and more. This is the season to explore your options! And don't miss pages 10 and 11 for the final installment in our Fall 2017 Independent School Showcase Series.

Next Issue: Our next issue is our **Winter issue**, which **covers 2 months – December AND January** – and which celebrates our 10th birthday and 10 years of being a part of your North Shore family. **If you are an advertiser who needs to promote something in December and/or January, please contact me by noon, Wednesday, November 15, to secure your advertising space in our 2-month Winter issue. We do not have a separate January issue, so please plan ahead.** We will resume our regular monthly publishing schedule with our February issue.

Need More? If your family-friendly business, practice or school needs to



effectively and efficiently reach MORE North Shore parents with children of all ages and interests and needs – local families and households and adults with interests and needs – I welcome the opportunity to work with and for you and your school, practice or business. For advertising information, please visit www.northshorefamilies.com/advertise. **We've Got the Entire North Shore Covered – including the Merrimack Valley to the New Hampshire Border – Since 2007!** North Shore Children & Families is the **LARGEST** distribution, local publication for parents and families throughout the North Shore/North of Boston region.

Thanks so much for engaging with us again – I hope you enjoy this and every issue – and a very Happy Thanksgiving to you and your North Shore family!

Until next time ~ Suzanne

Waring School
Coeducational Day School Grades 6-12
Beverly, MA

Open School
FRIDAY, NOV 10

Coffee with Admissions
Every Wednesday until November 15 from 9-11am

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Contact suzanne@northshorefamilies.com and please use **DISTRIBUTION HELP** in the subject line of your email.

Approaching the Holidays with Preparation & Sanity

by Dr. Kate Roberts, PhD

While the holidays are supposed to be the happiest time of the year, many people I speak with approach the holiday season with apprehension and uncertainty. They wonder about things like, will their family get along with each other? They are worried about budgeting and how much money they will have to spend to keep everyone happy. They are worried about time. How much time will all the extended family members need and will they have enough to give?

All of these concerns are common and real. Families today are so focused on what they have to do to keep the peace that they often forget, or even dismiss, their own priorities. Here are a few ways to keep yourself in check during this holiday season.

1. Practice the mantra that the holidays are for connection. If you have that thought in your mind prior to Thanksgiving planning, you'll be more likely to remember it when you are feeling pushed and pulled in a million directions and feeling connected to no one.
2. Focus on the lost art of practicing gratitude. Especially with Thanksgiving approaching, discussing gratitude and giving back, with your kids and extended family, may help others focus on what's important and support your cause of enjoying family and staying connected.
3. Use time in the car and during meals to talk with your children. Don't allow the typical technology distractions to dictate your children's presence during the



4. Ask your family if they mind having their pictures posted all over social media. Sometimes being sensitive to how others feel about

publicizing family photos goes a long way.

5. If you are with only your immediate family, try to do things that make the time special. Go for a walk on the beach or a hike or

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North Shore Children & Families



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Please see page 3
for our upcoming deadlines.

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PUBLISHING SCHEDULE

Issue	Ad Space Deadline
Winter (Dec./Jan.)	Noon, Wed., 11/15
February	Noon, Wed., 1/17
March	Noon, Wed., 2/13

To explore your advertising options or to secure your space, please contact Suzanne at 781.584.4569 or suzanne@northshorefamilies.com.

To learn more, please visit www.northshorefamilies.com.



Our Next Issue is Our 2-Month Winter Issue – Which Covers December and January

Secure your ad space by noon, Wed., Nov. 15!

Please plan ahead if you have anything to share with our 50K+ parent readers in December and/or January!

We do NOT have a separate January issue!

Sunday, November 5th
at Glen Urquhart School

North Shore Nature Fair

Join us from 1:00-3:00 p.m. on our campus in Beverly Farms for K-8 hands-on nature-based activities and projects with like-minded partners from across the North Shore. Free to the community.

Open Classrooms + Tours
November 16th, 9:00 a.m.

Lynn Lyons, Anxiety Expert/Author
November 28th, 6:30 p.m.



Independent, coed, K-8
Explore at gus.org

74 Hart Street, Beverly Farms

Bus transportation from surrounding communities, before and after care, and financial aid are available.

Approaching the Holidays

Continued from page 3

- get together with nearby friends.
 - Consider volunteering as a way of teaching your children the value of being connected to the community.
 - Understand your priorities, needs and wants before the holidays and talk to your immediate family about their hopes. Try to find a way for all to be heard and to experience some of what all hope to experience during the holiday time together.
 - If you have to work on a holiday, explain that being a financial provider is an important role in keeping the family happy and you will be as available as you can be.
 - Allow yourself permission to have the boundaries that you set. In order for relationships to feel healthy, they have to work for both individuals involved. People often don't set clear boundaries in relationships because they're afraid to be rejected when they do. People should be able to set limits in relationships and still have the respect and acceptance of the other person.
 - Practice self-care. Being able to truly commit to caring for your own needs first will provide you with a sense of how much is left over to give to others. Be in touch with your body and understand where your energy comes from.
 - Learn deep breathing techniques for stress management, now, before the holidays begin.
 - Learn to say "No" comfortably. It's important that people understand how to say "No". For example, set limits with family and friends by saying something like, "As much as we'd love to see you, we are preoccupied with the tasks that we have to get through this week that we're not going to be able to truly be present in the way you deserve". Be skillful and respectful and allow others to be disappointed.
- Here's wishing you and your family a peaceful and enjoyable holiday season!

Dr. Kate Roberts is a licensed child and school psychologist, parent coach and family therapist with offices in Salem and Hamilton. She welcomes newcomers to her private practice. She specializes in cognitive-behavior therapy, family therapy, anxiety and learning disabilities. She can be reached at kate@drkateroberts.com and www.drkateroberts.com. Follow her on www.twitter.com/DrKateParenting, www.facebook.com/Dr.KateRobertsParenting or www.pinterest.com/DrKateParenting.

3 Quick Tips on How to Study Smart for Standardized Math Test Prep

Whether your child is taking the SAT, ACT or SSAT to get into college or private school, boosting their math scores will dramatically affect their ability to qualify for better schools. If your child wonders why standardized test questions don't look anything like the questions they see in school, don't panic – they're designed that way. Here are some tips to help your child study smart:

- Practice makes permanent. Practice doesn't always make perfect – test prep can stunt your child's progress if they don't know what or how to study. Reduce test anxiety with solid preparation and familiarity of the test and concepts they need with experienced teachers.
- Build test prep into their schedule. Consistent practice is essential to knowledge retention.
- Track and measure progress.

This editorial was submitted by Sarah Yoon, Assistant Director at Mathnasium of North Beverly. Please see their ad on page 10; www.mathnasium.com/northbeverly.

Ask Dr. Kate

Q&A for North Shore Parents



How Much to Share on Social Media?

Question: I see so many pictures of kids today on *Facebook*. I want to share, but I'm afraid to post my kids on social media. Is this really safe and how much is too much?

Answer: It's true that more than 62% of moms today use *Facebook*. And of those who post, 96% post pictures of their children. It's a personal choice, however parents may want to review the following considerations before posting too much about their children:

Your child's life is not your life. When you post about your child, recognize that you are sharing about another individual's life, not yours.

It's imperative to role model discretion, privacy and sensitivity whenever posting. This is especially true when you post about your children, who may not have an outgoing personality, or who may not want to share on social media. As they get older, they may want to develop their own personality, separate from their parent's personality.

Don't view your child's life like you would your own. You may want to show every detail of your wedding, but your child is not you and therefore don't blur the boundaries. Treat them as individuals.

Children are not trophies to display to the world and too much sharing may result in them feeling that way.

Consider safety. Always check privacy settings before posting and always know who will see what you post. That being said, we know that privacy settings are only so secure on the internet and therefore don't post anything you don't want the entire world to see.

Posts can come back to haunt your kids. A post may seem "cute" at the time, but could be embarrassing for your child later on. Posts can be found forever and therefore they can be used for purposes that parents did not intend such as by a peer, by a bully or even a predator. Parents need to be cautious and protect their child's emotional and physical safety.

Children need time to develop their own internal sense of self-worth; their sense of value and how they feel about themselves needs to come from within and not from *Facebook* "likes". Parents need to be cautious about promoting the importance of outside validation when what really matters is how people feel inside.

Remember that when it comes time for your child to use social media and post pictures, you'll want them to get permission from others before doing so. Ask yourself, can you really have this rule for them, if you don't have it for yourself?

If you want to post about your children on *Facebook*, that's okay. But parents need to think carefully about these considerations before deciding to click "share".

Dr. Kate Roberts is a licensed child and school psychologist, parent coach and family therapist with offices on the North Shore. Questions can be directed to kate@drkateroberts.com. We may anonymously publish your question and Dr. Kate's answer in a future issue.



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FALL 2017 OPEN HOUSE

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Ann Reis, at admissions@heronfield.org or 603.777.1336.

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Don't Have A Will? The State Has One For You.

by **Mark Tuttle, Esq.**

People are generally uncomfortable discussing, let alone planning for, their death. We typically live every day trying to get through the day so we can be ready for whatever tomorrow brings. Who has time to contemplate the fact that we might not be here tomorrow? Some people think they are too far away from the statistical average age of death. Most people treat estate planning as something on the horizon, not an immediate need. I understand, but here is what happens in Massachusetts when you die without a will.

When a person dies without a valid will, their estate will go through probate and the court will appoint an administrator for your estate. If you are survived by a spouse, the amount of the spouse's share depends on which other relatives also survived you. Your spouse will get the entire estate if no descendant (children,

grandchildren, etc.) or parent survives you, or if all of your surviving descendants are also descendants of the surviving spouse and there is no other descendant of the surviving spouse. That is to say, if you have no kids and no surviving parents, or if the only kids you and your spouse have are with each other, the surviving spouse gets everything. Not a bad outcome if you love and trust your spouse with, not only your spouse's finances, but the finances of your surviving children.

If you have no descendants but have surviving parents, the spouse gets the first \$200,000, plus 75% of any balance of the estate. This means your parent(s) are entitled to 25% of your estate. This may not be helpful if a parent is qualifying for nursing home benefits through *MassHealth*, or if they have more than enough saved for their retirement.

If you die and all of your surviving

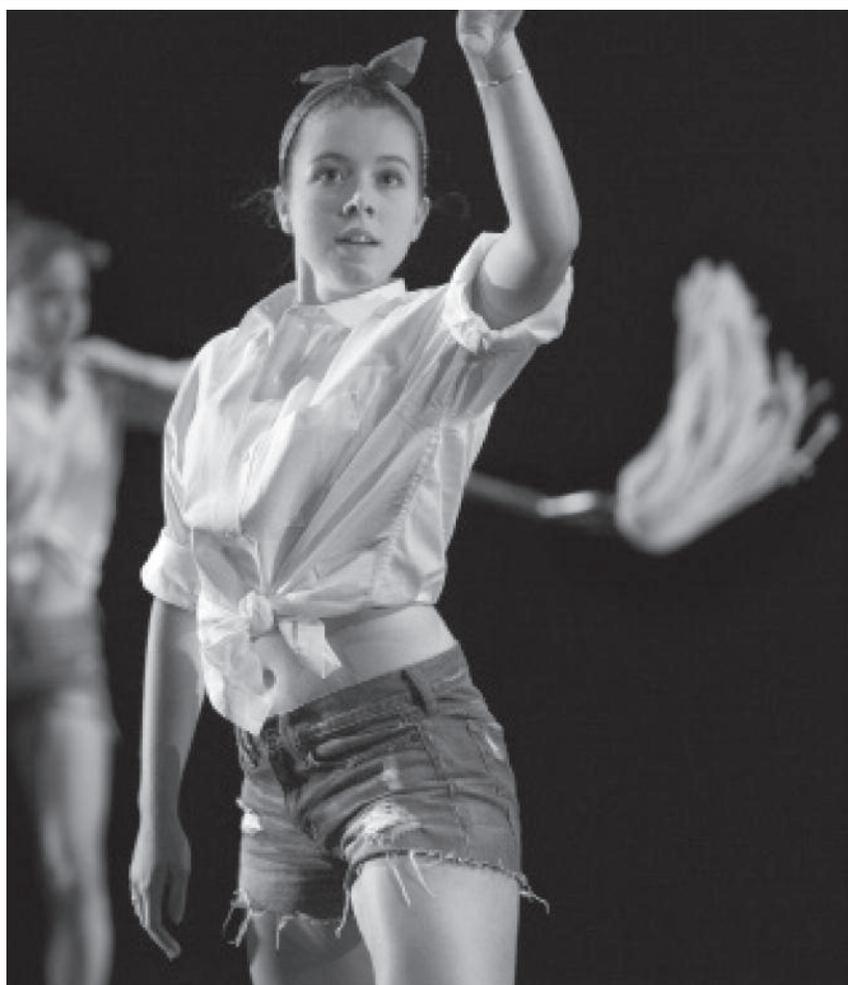
children are also the children of your wife, but your wife has one or more surviving children who are not your children, then your surviving wife gets the first \$100,000 plus 50% of any balance of the estate. Conversely, if one or more of your surviving children are not children of your surviving spouse, your spouse gets the first \$100,000 plus 50% of any balance of the estate. I call this the *Cinderella Rule* because it protects your children from losing out on any inheritance due to a spouse favoring the children she had with someone else or if your spouse just doesn't favor your children at all.

The share that does not pass to a surviving spouse passes to your lineal descendants who take per capita. An example, if you have four children, each child gets 25% of your estate. If one of your children predeceased you, his/her children get the 25% share split evenly amongst them (e.g., two grandchildren would get 50% of

the 25% share). If you have no descendants, your estate goes to your surviving parent(s). If there is no surviving parent, the estate will go to the descendants of your parents (i.e., your brothers and sisters). If you have no surviving descendant, parent or descendant of a parent, then your intestate estate will go to your next of kin in equal degree. In short, the nearest relative wins! If there are no kin, they your estate will pass to the Commonwealth of Massachusetts – a poor outcome, indeed.

Adopted children are treated as natural children. Termination of parental rights also terminates inheritance rights, unless it is due to death. Adoption by spouse of a natural parent after death of the other natural parent would allow the child to inherit from all three parents and their families. Stepchildren and foster children who are not adopted have, with a few exceptions, no

Continued on page 7



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Raising Compassionate Children



Teaching Kids to Give Brings Happiness, Healing and Purpose

by Leah Okimoto

Last month, we described the *Penny Wars* project of four 8th graders from the Wetherbee School in Lawrence, DeZani, Glenny, Gianni and Jadeyshka. They led a competition among all the classrooms at their K-8 school to raise money for hurricane victims in Puerto Rico, and after 3 weeks of collecting a ton of coins and bills, they raised a whopping \$2,421!

The winning classrooms were from the 8th grade, and they have chosen as their prize an hour of free outside time and a pizza party. The girls will be donating their funds to the fund that the Lawrence Firefighters have established. They have created their own 501(c)(3) in order to buy supplies and are planning to recruit other firefighters in the area to go to Puerto Rico over the next month to help rebuild and repair badly damaged homes. They will also be bringing a lot of needed food and water to distribute, and shipping building supplies ahead of time.

We would like to share their letter (on the following page) in the hopes that some of you might read this and want to help them or another group with the same mission. What they are doing is a tremendous example of community and people doing what they can to take care of others who are hurting. Thank you for your generosity!

We look forward to meeting more of your families this year and empowering your children to discover the truly meaningful and memorable impact they can have on others, at any age, because of their unique qualities. Please visit www.aaronspresents.org to learn more about what our organization offers and how a child you know can apply to participate.

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Don't Have A Will?

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inheritance rights. Lastly, there is no provision in the Massachusetts intestacy statutes that makes any provision for a partner who is not a spouse or a relative by blood or adoption.

The outcomes above were designed by a well-meaning legislature as a one-size-fits-all solution to the fact that over 80% of people die without a valid will. Clearly, intestate rules are

not a great solution. With many families, intestate rules will actually cause more problems than they resolve. One way to ensure that your estate goes to the people you desire is to have a valid will. When you have a valid will, you prevent your loved ones from being left emotionally and financially adrift. Benjamin Franklin stated, "In this world nothing can be said to be certain, except death and taxes." Why not hire an attorney who will help you prepare for both of those certainties?



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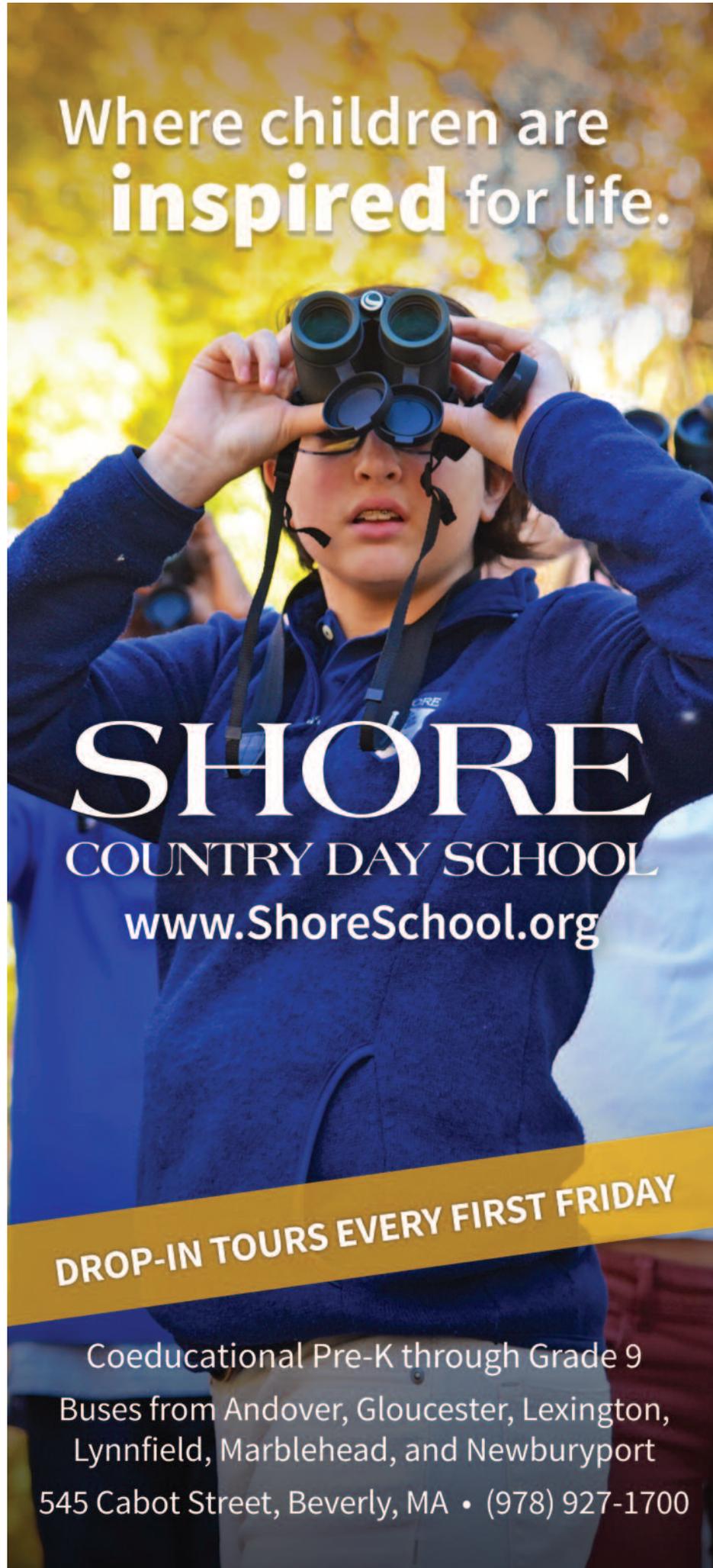
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Mark Tuttle is a practicing attorney with offices in Salem, MA – Tuttle Trust & Fiduciary Services, LLC. Mark is a member of the Massachusetts Bar and the Federal Court Bar. **You can contact Mark to set up a free estate planning or elder law consultation at mark@tuttletfs.com.**

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Aaron's Presents

Continued from page 7

Lawrence Firefighters Union, AFL-CIO Local 146

PO BOX 533 LAWRENCE, MASSACHUSETTS 01841



To whom it may concern,

As we all know, the island of Puerto Rico was devastated by the recent hurricanes. Millions are without power still and many families have lost everything. Our city is predominantly Latino and many of our citizens have relatives that have been directly affected by these tragic events. The Lawrence Firefighter's Union Local 146 is trying to help. We know there are many different ways people can do things to help. We know that the people of Puerto Rico have many needs like shelter, food, clothing and water.

A couple of Lawrence Firefighters, Juan Gonzalez and William Pagan have created a group called "Firefighters United for Puerto Rico. They have created a 501 C3 Charity account (Tax ID# 822902333) that people can make donations to. The plan is to work with the local fire departments in Puerto Rico to see where our efforts could be the most effective. Starting right here in Massachusetts we plan to work with other union locals, government officials, business owners and the community to get the word out so people can start to donate.

Donations in the form of water, clothing or other essential items will be accepted and stored until plans can be made to deliver the goods. If you have an item you would like to give you can drop it off at any firehouse in the city.

Monetary donations can be made directly to the TD Bank under the name of Firefighters United for Puerto Rico, Acct. # 8255666809. If you would like to mail in a donation it can be sent to Lawrence Firefighter's Local 146, P.O. Box 533 Lawrence, MA 01841.

Any question you may have feel free to contact Juan Gonzalez @ 978-902-2336 or William Pagan @ 978-265-5133.

Shortly a website will be created so people can check on the progress we are making and further donation information.

Thank you in advance for helping out in any way you can.

Sincerely,

Union President, Eric Zahn
Firefighters United for Puerto Rico

Leah Okimoto is the Executive Director of Aaron's Presents, a 501(c)(3) nonprofit organization that she founded in 2014 in memory of her infant son, Aaron. Feel free to contact: Leah at lokimoto@aaronspresents.org or (978) 809-5487; Kimberly LaBonte-Kay, North Shore Regional Director, at kimberly@aaronspresents.org or (978) 886-6312; Ebony White, Lynn Project Mentor, at ebony@aaronspresents.org or (978) 886-6257; Kate Adams, Lawrence Project Mentor, at kadams@aaronspresents.org or (978) 886-6076; or Nana Younge, Lowell Project Mentor, at nana@aaronspresents.org or (978) 886-9965.



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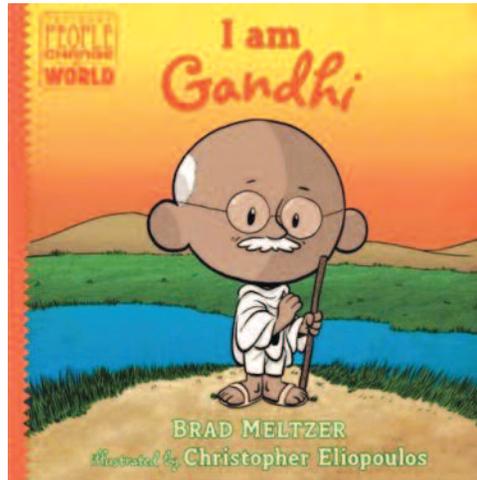
I am Gandhi

From the "Ordinary People Change the World" Series

By Brad Meltzer; Illustrated by Christopher Eliopoulos

by Michelle Mullett

As an adult, oftentimes I can think about a famous, historical figure and just give myself a brief, card catalog kind of information bubble. So when someone says, "Cesar Chavez" or "Satchel Paige", I can recall a brief summary of that person's life but nothing elaborate or detailed. This new series from *Dial Books for Young Readers* offers kids accessible illustrations of pivotal events in a public figure's life. A local librarian and friend of mine recommended this book and now I can't wait to read the whole series. The illustrations are absolutely adorable and they immediately reminded me of the *Calvin and Hobbes* style of Bill Watterson. For you younger readers of this column, that comic book series was really



popular in the ancient 1990s. Yes, I know, shocking to know there was a world before iPhones were invented.

But anyway, let's take a trip back to early 20th Century India, where a little boy named Gandhi decided to change the world after contemplating a simple photograph.

In the book, readers see Gandhi struggling as a child. He is small. He is shy. And he is discovering that not all

people are treated equally in this world.

There's a beautiful moment when Gandhi discovers a picture of a young man carrying his two elderly parents on his shoulders. The young Gandhi learned about a man named Shraavan who was so devoted to his parents that when they were too old to travel, he literally carried them on his back. Illustrator Christopher Eliopoulos does a wonderful job of showing the reader this important moment of reverence and it's easy for young readers to understand this taproot image that will propel Gandhi onto a path of compassion and kindness.

This book does a wonderful job of conveying tons of facts and important events in a simple yet compelling format. Both the writing style and illustrative points of view allow kids to zoom in and out of scenes in quick episodes that keep the reader engaged and curious.

Big concepts like non-violence, non-possession and civil disobedience may

seem a bit daunting, but kids have a baseline understanding of what's right and wrong. This book expands that innate sense of justice and puts it into action in simple terms with cute, emotive characters and simple settings. Kids can also learn about other timely topics like boycotts, protests and even DIY clothing initiatives. Who knew the spinning wheel on the flag of India came from Gandhi sewing his own clothes? He made his own clothes instead of buying British clothes, thus making the spinning wheel a symbol of Indian independence.

Fans of *Calvin and Hobbes* or the wildly popular "Who Was ___?" Book Series would really enjoy this latest installment from the "Ordinary People Change the World" Series.

Michelle Mullett is a local mom to two young boys and a published writer living on the North Shore. She is currently working on several picture books. You can follow her on Twitter @michelle_mullett.

You have a **choice** in the education of **your** child!

MYSTIC VALLEY REGIONAL CHARTER SCHOOL OPEN HOUSE

576 Eastern Ave., Malden



Wednesday, November 8th at 6:30 pm
Tuesday, November 14th at 6:30 pm
Wednesday, November 29th at 8:30 am
Thursday, December 7th at 8:30 am
and Tuesday, December 12th at 8:30 am

Come see what Mystic Valley is all about!

- Mystic Valley is a public K-12 school that does not charge tuition.
- Mystic Valley is consistently ranked as one of the top schools in the United States by *Newsweek* and *U.S. News & World Report*.
- In 2016, Mystic Valley students outperformed students from ALL six of its sending districts (Wakefield, Stoneham, Melrose, Medford, Malden & Everett) on the total SAT Reading and Math exams!!

Please check our website (www.mvrms.com) for more information and a lottery application.

Enrollment Lottery School Year 2018-2019

Lottery Date: Wednesday, January 10, 2018 at 6:00 PM, 576 Eastern Ave., Malden

Lottery Application Deadline: Wednesday, January 3, 2018 at 4:00 PM

Mystic Valley Regional Charter School does not discriminate on the basis of race, color, age, sex, gender identity, homelessness, religion, national origin, disability or sexual orientation with respect to admissions, access to programs or activities or employment opportunities.

DISCOVER WHAT'S NEW



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Wednesday, November 8 (6:30 - 8 pm)
Newburyport City Hall

Immaculate Conception School is an affordable, private Catholic elementary school, providing high-quality, faith-based education, preparing young people for life, spiritually, academically and socially.

LEARN MORE

- OPEN HOUSE (9-10 am) Tuesday, November 14 and Thursday, December 14 or call for a private tour
- Call Kelley Pappalardo (978) 465-7780
- icsnewburyport.com
- [f](https://www.facebook.com/ImmaculateConceptionSchoolNewburyport) ImmaculateConceptionSchoolNewburyport

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THE FALL 2017 INDEPENDENT SCHOOL SHOWCASE

PART 3 OF 3



Visit us online at www.northshorefamilies.com to see our online Independent School Showcase; featured ads link directly to the schools' websites.

Schools: Check out our Annual Planner Programs for Schools! www.northshorefamilies.com/advertise

Glen Urquhart School is an independent, coeducational, K-8 day school located in Beverly Farms. With commitment to knowledge, creativity and character, teachers at GUS focus on an interdisciplinary curriculum that incorporates place-based learning, thematic study, community service and integration of the arts. Our program is built on posing questions, making meaning and solving problems creatively. How does one discipline inform another? Where do literature, science, mathematics, language, music, art and history intersect? This integration is the very essence of the GUS interdisciplinary curriculum. Once students learn, they are encouraged to express their knowledge creatively and apply it to issues in the community and the world. Proprietary math curriculum, hands-on science and engineering projects, comprehensive language arts and deep exploration of social studies and history provide a dynamic and engaging academic offering. The GUS approach, enhanced by a 7:1 student:faculty ratio, prepares young people to be the thinkers and doers who can make our world a better place. The 23-acre GUS campus is designed to promote environmental awareness and appreciation and features nature trails that wind through woodlands, vernal ponds, open classrooms and past a 7,000 square-foot greenhouse and historical architecture. GUS offers before and after care, afternoon enrichment programs, summer camp and bus

transportation to surrounding communities. A North Shore Nature Fair will be held at the GUS campus on Sunday afternoon, November 5th and open classrooms will be held Wednesday morning, November 16th. Contact Director of Admission, Kristie Gonzalez, at kgonzalez@gus.org or 978-927-1064 x115 for more information or to schedule a campus tour. Learn more about our school community at gus.org.

Heronfield Academy - A Unique Learning Community
Heronfield Academy, located in Hampton Falls, NH, is an independent middle school for grades 6, 7 and 8, and is devoted to the intellectual, spiritual, social and emotional life of middle school students. A major part of what makes this school so special is what lies at the heart of any excellent school: the teachers. They are seasoned, confident, skilled and blessed with a love of learning that they impart to their students.

Heronfield offers an academically challenging curriculum while simultaneously nurturing the Core Values of Honesty, Respect, Diligence, Celebration and Caring. The school takes a wide variety of students, not just one profile of learner – all of whom love school, love to learn and have a passion for something, be it figure skating, drawing, science or fishing. Teachers focus on all aspects of

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THE FALL 2017 INDEPENDENT SCHOOL SHOWCASE

PART 3 OF 3



growth at this level with an eye to giving students a healthy balance in a busy world. Heronfield is truly a unique learning community because the school understands that creating a nurturing culture is of the utmost importance. When young learners feel safe, they thrive. At Heronfield, they soar!

In the words of Head of School, Martha Shepardson-Killam, “*What we do here matters. This is a critical time in your children’s lives. We have built a school around their academic, social, emotional and spiritual needs. We have built a school that honors student voice. We have built a school that puts an emphasis on joy: joy in learning, joy in sharing and joy in just having fun being together.*” www.heronfieldacademy.org

Immaculate Conception School (IC) offers an exceptional education for Pre-K to grade 8 students in Newburyport. Our program encompasses academics, enrichment and extracurricular activities, which foster growth in intellectual, social and emotional skills. IC students embrace their individuality and grow confident in decision making and problem solving. Collaborative learning; technology integration; STEM and STREAM programs; collaborative work spaces (makerspaces) and design thinking challenges expand our core academic programs. The IC continues to adhere to the original mission of the school, established 135 years ago: to communicate Catholic Christian values, provide a quality academic program, and develop an awareness, empathy, and respect for the needs of all people. IC students take pride in making a difference. Come take a closer look during an upcoming Open House. www.icsnewburyport.com

Kimball Union Academy, Meriden, NH: “One of the main reasons why I choose to attend KUA was the amazing access to the arts that it offers. KUA gives me the time, space and mentors I need to create art of all forms. The arts program is inclusive of all people, whether they are just learning how to paint or dance in one of the classes, or if it is something they want to study after high school. For those of us that want to get a deeper, more focused education in the arts, there is the Art Scholar Program. With the program, scholars are given the opportunity to attend seminars and performances, and meet with the artists afterwards. The program not only encourages us to become better artists, but it also pushes us to be more well-rounded people, with community service and leadership requirements. These requirements teach us how to help others through our love of art. We can get points by designing a t-shirt for a charity event, or by teaching classes for our local preschool. This program is an amazing way for high school artists to get a broader understanding of all forms of art.” ~Anna Boden '19. www.kua.org

The Mystic Valley Regional Charter School, in Malden, is a high performing public school enrolling students from Kindergarten through grade 12. Mystic Valley provides students with the opportunity of a world-class education. Parents and students can expect a rigorous academic program, a safe and secure campus, a strong Code of Values and dedicated, enthusiastic teachers committed to providing the best possible learning environment for all students.

Mystic Valley students have a school uniform and are in attendance for 200 days of instruction. The school day is from 8:00 a.m. – 3:30 p.m. and includes Character Education programs.

Mystic Valley is routinely ranked among the top 1% of high schools in the United States by national magazines and offers 22 varsity sports for boys and girls. www.mvracs.com

At **The Pike School** in Andover, we believe positive energy makes everything possible. In fact, our school runs on it. It fuels our campus and ensures our students are happy, confident, curious children – who, not surprisingly, go on to be very successful adults.

Your kid can do anything. That’s what you believe. And the beauty is, at Pike,

we believe it, too. That’s why we surround every child with positive energy – including a team of teachers dedicated to providing encouragement, support and endless opportunities for developing strength and overcoming weaknesses.

There is a certain sort of joyful exuberance that permeates everything we do. And yes, it’s contagious. We create an environment so welcoming – and so filled with the thrill of risk-taking – that even our youngest students think learning is the most natural thing in the world. That’s the power of positive energy. That’s Pike.

Join us at our Open House on Sunday, November 5, from 1:00 - 3:00 p.m.

The Pike School is an independent, coeducational day school located on 35 woodland acres in Andover, Massachusetts. Its comprehensive and sequential program provides education to students from Pre-K through Grade 9. Small class size and individual attention allow for social, emotional, physical and intellectual development of the students within the context of the school community. Visit www.pikeschool.org or more information.

At **Shore Country Day School** in Beverly, extraordinary teachers and a transformative approach inspire children for the rest of their lives. Deeply grounded in the liberal arts, and enhanced by curriculum-wide emphasis on inquiry and creative expression, Shore’s rich program and caring community help each child find their spark. Shore faculty members are recognized by parents year after year for their ability to engage every learner in adventurous education; they are proud to see themselves as guides and coaches placing students of every age at the center of their own learning. But the Shore education emphasizes emotional growth and social responsibility just as much as academic achievement. Recess, physical education and team sports are core to Shore’s program, and the school’s *Community Code* exemplifies a deeply felt dedication to the well-being of the whole child. Inside the *Center for Creativity*, robust offerings in studio arts, music, drama, design and engineering prepare students to thrive in a changing world that values flexible, agile thinking which crosses old boundaries with ease. Shore’s stunning *Innovation Lab* is a model that top schools come to study, and its renowned outdoor education program – from day trips in Pre-K to week-long expeditions in Grade 9 – is the most extensive in the region. Whether inspired by a caring teacher or coach, inspiring an audience through the arts or finding inspiration in a risk taken or river crossed, students at Shore discover the excitement of experiencing the world with curiosity, compassion and courage. www.shoreschool.org

Waring School is a Coeducational Day School in Beverly for Grades 6-12. Waring offers a full program of intellectual, aesthetic and physical activities for its students. The program balances academic rigor with breadth and asks all students to work not only in Humanities, Math, Science, French, Art and Writing, but also in Theater, Athletics, Music, Travel and short-term intensives like Camping Trip and the Endterm program. In Convocation and Graduation speeches, Waring students often describe the growth they experienced when the program asked them to take risks and engage with subjects and activities outside their comfort zone, from an art assignment or writing piece to a physics project, and this speaks to the school’s commitment to helping students find their voices and build their skills in many different ways. www.waringschool.org

OPEN HOUSES: Glen Urquhart 11/5 & 16
Heronfield 11/14 • Immaculate Conception 11/14
Kimball Union 11/4 • Mystic Valley 11/8, 14 & 29
Pike 11/5 • Shore every 1st Fri. • Waring 11/10

Waring School presents *RADIUM GIRLS*:



Grace Fryer (Dolly Farha) comforts Kathryn Schaub (Ainsley Kyllingstad) in a rehearsal for Waring School's production of *Radium Girls*, by D.W. Gregory.



Grace Fryer (Dolly Farha), Kathryn Schaub (Ainsley Kyllingstad) and Irene Rudolph (Elli Gile) paint dials in a watch factory in a rehearsal for Waring School's production of *Radium Girls*, by D.W. Gregory.

After being poisoned by watch factory chemicals, Grace Fryer and her friends rise up against the injustice of the powerful corporation responsible, changing the future for labor workers and women forever.

Radium Girls dramatizes the story of true American heroes by exploring the journeys of women who chose to speak out about the health crises they suffered stemming from their exposure to chemicals while painting watches in factories. We follow Grace Fryer and her friends as they learn to stand up for themselves, their sisters, and ultimately for the health and safety of future generations of factory workers. Our students are working as an ensemble to celebrate these women who made such a positive impact on the world around them, making their limited time truly matter.

Waring Theater strives to produce plays that enliven and inspire our audiences both emotionally and intellectually. We train our aspiring actors and designers in all aspects of theater production so as to ensure their opportunity to tell a story from multiple angles and allowing our students to create the most challenging and exciting theater possible.

Students performing in this production hail from Amesbury, Beverly, Byfield, Danvers, Essex, Gloucester, Ipswich, Lynn, Manchester-by-the-Sea, Marblehead, Newburyport, Prides Crossing, Salem and South Hampton (New Hampshire).

The Waring School is a liberal arts school for students in grades 6-12. Our mission is to create and sustain a community of lifelong learners who are working together for the individual and the common good. Waring continues to set itself apart by our commitment to valuing not just high academic standards, but also risk-taking, self-discovery and respect.

FREE ADMISSION
November 2, 2017 @ 7:00pm
November 3, 2017 @ 1:00pm
Waring School Theater
35 Standley St., Beverly, MA
www.waringschool.org



C. B. "Charlie" Lee (Campbell Boisvert), Edward Markley (Asher Leahy), Katherine Wiley (Johanna Couture) and Arthur Roeder (Gareth Buhl) negotiate a settlement for women who were poisoned in watch factories in the 1920s in a rehearsal for Waring School's production of *Radium Girls*, by D.W. Gregory.

The information contained in this education feature was submitted by Waring School, and published in partnership with North Shore Children & Families; www.northshorefamilies.com.